IMEC (Marie Cobel) with “Friends”
August 3, 1985

Session 109: Become aware of the aspects

Summary:
- Explanation of energy in the context of male/female, first starting as a feeling (eg female energy) and then once that enters the earth plane, sub-energies are created as people form opinions of how that energy should behave in certain circumstances, eg as a mother, a wife, sister, etc.
- These sub-energies become aspects which are latent in the cells of all beings and as a person grows from an infant, certain expectations are projected onto them by adults and activating certain aspects
- As the infant grows, new aspects get project with the passing of ‘time’ which is quite a shock to the consciousness of the individual because things that were acceptable at one stage now suddenly are no longer acceptable and therefore certain aspects then become dormant as new aspects are imprinted/projected onto the consciousness
- While these aspects are then suppressed, they become dormant, they remain part of each entity
- This projection continues in various situations, at school, at church, etc
- Many aspects are in conflict with each other, eg the perfect mother vs the perfect wife
- When consciously aware of these concepts and consciously suppressing certain aspects, this results in a balance
- When the suppression of certain aspects is allowed to happen sub-consciously this results in conflict projection onto others and also results in conflict in relationships as there are millions of aspects formed based on perfect ideals for different types of people
- 22 Minutes in briefly talks about the concept of “Christ consciousness” and goes into more detail later on
- Lots of comment about male and female related aspects and how opposite aspects are projected onto the opposite gender
- Aspects are energies which are formed through human thoughts and exist in the subconscious and then can manifest in the physical
- Jesus resides as an aspect on this earth plane
- The 12 disciples represent the 12 main aspects that were common on the earth plane at that time. There are 6 aspects each with their corresponding opposite
- Comments on the Messiah aspect and how this has become an energy or aspect on the earth plane and seeks to express itself
- This goes back to other mythical gods such as Zeus and Apollo, etc which were manifestations on the earth plane of certain individual aspects. Jesus was a manifestation of many aspects
- Aspects are expressions of the two energies, male and female
- Become aware of the aspects within yourself and then these energies interact and become the personality, either consciously or subconsciously
- There is the inner exchange of energies as part of the personality
- What happened to the individual Jesus is he became conscious of many things

- If you become aware you can identify aspects of yourself and then understand why you do certain things and become aware of the various roles you play
- Because aspects have opposites, if there is a god then there is a devil
- when you become aware of your aspects and observe them in yourself, you become/experience the third energy
- Aspects act in and around you for your attention
- As you begin to recognise them in yourself and in other people as the third energy you will become aware of how people are playing games with each other. You will also become aware of how there is a balance. Where there is outward sorrow, there is inner joy
- Christianity is a particular rate of vibration and consists of particular aspects that being identify with and focus on
- Technology has the means of broadcasting particular aspects and thought forms to millions of people (technology in this case referred to was television)
- Images of evil, atrocities and suffering on television causes an emotional reaction in people watching, anger for example project this energy back into the human consciousness and this continues to perpetuate this on the earth plane
- Visualisation of images of suffering on TV continues to create these thought forms which remanifest in reality
- With these evils and suffering being associated with earth figures (like Hitler for example) and as people watch these images on TV, they have hateful thoughts and anger against Hitler and this personifies the evil and makes it as strong as the opposite of Christ for example
- As emotions leave the physical body and together with the visualization of suffering, this new forms of possibilities which as we give them our attention, becomes manifested. So in this way it is recreated
- Work with aspects and work with your consciousness, this will enlighten you

Report from Antony McKechnie